

2026



August

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 No Meal					1
2	3 No Meal Terry Fox Day	4	5 Starbuck @11:45 Tuna Casserole	6 Sanford @11:45 Cold Plate Fun with MHRD @12:30	7	8
9	10 La Salle@ 11:45 Pork Chops	11	12 Starbuck @11:45 Perogies & Farmers Sausage Fun with MHRD @12:30	13 Sanford @ 11:45 Spaghetti & meatballs	14 Folklorama	15
16	17 La Salle @11:45 Meatloaf	18	19 Starbuck @11:45 Pickeral Games @12:30	20 Sanford @ 11:45 Beef Stew	21	22
23	24 La Salle @11:45 Chicken	25	26 Starbuck @11:45 S & S Meatballs	27 Sanford @11:45 Liver n Onions Games @12:30	28	29

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

We will try to accommodate special dietary requests.

Please call ahead to confirm.

Menu subject to change.

\$10 per person eat in, \$12 take out or delivery